

****START WELL UNIVERSAL VIRTUAL OFFER****



Are you a parent or carer struggling with your child's sleep, toileting or behaviour? Would you like advice on speech and language?

**Our next Top Tips week is fast approaching
15th to 19th April 2024**

This forms part of Start Well's **universal virtual offer** for families with children pre-birth to 5 years (some sessions are for children up to age of 10).

The sessions are live, offering advice and tips on supporting all aspects of a child's development and school readiness.

In Stockport we are committed to supporting children's speech, language and communication development as this is the foundation for better outcomes in later life. So, we have included Top Tips for Talking sessions with Speech & Language Therapists.

We have added Greater Manchester's 10 Top Tips for Moving to this timetable.

Please book on via the Start Well website <https://www.startwellstockport.co.uk/latest-news-and-events/> or through our Facebook page <https://www.facebook.com/StartWellStockport>. Our timetable is attached with all the details of all our sessions.

We are also in the process of recording these sessions for families who are unable to attend the live sessions and they can be found here: [Videos – Start Well \(startwellstockport.co.uk\)](https://startwellstockport.co.uk/videos)

For any families who may struggle to access these sessions and need some support, please contact the Start Well Health Visiting & School Nursing Advice Line on 0161 835 6789.

Thanks