

# Your Menu This Week

Week 1  
Commencing  
2023






Please note, that our menus could be subject to change due to nationwide supply issues.

## Dates:

30<sup>th</sup> January  
13<sup>th</sup> February  
30<sup>th</sup> January  
13<sup>th</sup> February  
6<sup>th</sup> March  
20<sup>th</sup> March

## Allergens & Intolerances:

G=Gluten  
MK=milk  
M=mustard  
S=soya  
SE=Sesame  
E=Egg  
SD=Sulphur dioxide  
C=Celery  
F=Fish

		Main Dish	Main Dish Vegetarian	Jackets	Dessert
<b>Monday</b>		Pizza, Potato Wedges & Peas (G,MK)	Pizza, Potato Wedges & Peas (G,MK)	Jacket Potato with Various Fillings	Chocolate Shortbread (G) or Fruit
<b>Tuesday</b>		Butter Chicken Curry, Rice, Peas (MK,M)	Tomato pasta (G)	Jacket Potato with various Fillings	Cherry Flapjack or Fruit (G,SE)
<b>Wednesday</b>		Roast Chicken Yorkshire Pudding Mash Potato (G,E,MK,SE)	Vegetarian Sausage Yorkshire Pudding, Mash (G,E,MK,SE,S)	Jacket potato with various fillings	Jam & Coconut Sponge with Custard or Fruit (G,EMK,SE,SD)
<b>Thursday</b>		Spaghetti Bolognese Peas & Carrots (G)	Vegetarian Sausage Roll Wedges, Peas Carrots (C,G,M)	Jacket Potato with Various Fillings	Lancashire Cookie or Fruit (G,SE)
<b>Friday</b>		Fish Portion with Chips & Beans (F,G,M)	Vegetarian Stir Fry Noodles & Peas (G)	Jacket Potato with Various Fillings	Melting Moment or Yoghurt (G,SE)