



## Love • Respect • Shine

At Cheadle Catholic Infant School we **love** and **respect** each other.  
We **love** to learn and let our inner light **shine** brightly in all that we do.

### Gospel Assembly:

This week in Assembly we listened to the Gospel reading of how Jesus cured ten men who had leprosy.

Sadly only one of the men came back to thank Jesus. We talked about how it feels to say thankyou and how it feels to receive a thankyou.

We all agreed that we have so much to be thankful for and that is so important to thank others for everything they do for us and to thank God for His special blessings.



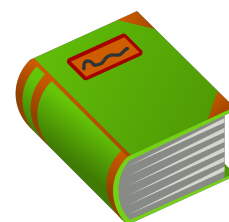
### Nursery Parents Phonics workshop:

This will be held in the school hall on **Tuesday 6<sup>th</sup> February at 9.15am.**

We will talk to you about how we develop speaking and listening, phonics and eventually reading in Nursery.

We will give you some ideas about how to support your child at home as well as providing opportunities for questions.

We look forward to seeing you.



### Lunar New Year Day:

Lunar New Year falls on Saturday February 10<sup>th</sup> and this year will be the Year of the Dragon. In order to celebrate the day we will be having a Lunar New Year Day in school on Friday February 9<sup>th</sup>. On this day all of the children in school will learn about the customs and traditions of Lunar New year and take part in lots of fun activities!

As part of the celebrations all children will have a forest school session where they will learn about fire safety and have the opportunity to make patterns with their own Lunar New Year sparkler!

**All children will, therefore, need a raincoat, wellies and gloves in school next Friday.**

The children have been busy making a vertical garden in Forest School and now need your help!

If you have any bulbs at home that we could plant in our vertical garden we would be delighted to have them.

Thankyou

#### **PSA News:**

#### **World Book Day Costume Swap Monday 4<sup>th</sup> March after school.**

If you have any World Book Day costumes that your child/ children have grown out of please send them into school the week beginning 20<sup>th</sup> February. On Monday 4<sup>th</sup> March we will host a costume swap after school.

#### **Used Uniform Sale: Monday 18<sup>th</sup> March**

During the week beginning 11<sup>th</sup> March we will be collecting the following used uniform items:

- Black fleeces
- School jumpers and cardigans
- Grey pinafores
- Grey skirts
- Grey trousers
- Grey shorts
- Wellies
- Yellow polo shirts

Please give your donations to your class teacher.

We will host the uniform sale in the Infant School hall after school on Monday 18<sup>th</sup> March.

#### **Mental Health Week 5<sup>th</sup>- 9<sup>th</sup> February**

According to **Place2Be**, a children's mental health charity that provides counselling and mental health support in UK schools, around three children in every primary school class have a mental health problem and many more struggle with challenges from bullying to bereavement.

**Place2Be** launched the first ever Children's Mental Health Week in 2015 to shine a spotlight on the importance of children and young people's mental health. Now in its eighth year, they hope to encourage more people than ever to get involved and spread the word.

This year's theme is '**My Voice Matters!**'

For Children's Mental Health Week 2024, we will be encouraging our children to find their voice and make a difference.

Next week we will be reminding our children about our Five Ways to Wellbeing.

At Cheadle Catholic Infant School the health and wellbeing of the children at our school is extremely important. Every day the children are encouraged to think and learn about different ways to keep themselves healthy - physically and mentally.

Throughout the year, we strive to provide the children with a happy place to learn, but also look to ways that we can develop our children into life-long happy and healthy men and women. We use PSHE to help the children build on these life skills and their awareness of mental health, relationships and physical wellbeing.

**To continuously promote health and wellbeing in school we:**

- Encourage the children to take part in daily sports clubs at lunchtime and after school.
- Take part in the Daily Mile - every child runs/walks a mile everyday at some point in the day.
- Invite our school dentist in to deliver healthy teeth workshops.
- Teach children about eating healthy food.

**We encourage our children to:**

- Enjoy doing things together and talking to each other.
- Keep learning.
- Exercise!
- Try something new. Try a new hobby, or learn about something just because it interests you.
- Take notice: Take a break to see how you feel...



Please see some useful information for parents below.

# my VOICE MATTERS

Place2Be's

**CHILDREN'S  
MENTAL HEALTH  
WEEK**

## TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

**Are you a parent or carer who wants to talk to your child about mental health?**

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



### LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour. and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

### Here's what children and young people told us they need from you:

- ① We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- ② I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- ③ Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- ④ Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- ⑤ Don't compare my experiences to your own when you were a child.
- ⑥ Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- ⑦ Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- ⑧ If you are open with me about your feelings, this can help me to be more open about mine.
- ⑨ Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- ⑩ Sometimes a hug is all it takes to make me feel supported.



### WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

For primary children: [bit.ly/3PzCGI8](https://bit.ly/3PzCGI8)

For secondary children: [bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)

## CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...

TELL ME ABOUT  
YOUR DAY

WHAT WAS THE BEST  
THING ABOUT TODAY?

WHAT IS THE BIGGEST  
STRESS / WORRY IN YOUR  
LIFE RIGHT NOW?

WHAT'S YOUR  
ONLINE LIFE LIKE?

WHO WOULD YOU TALK  
TO IF YOU WERE FEELING  
WORRIED ABOUT YOUR  
MENTAL HEALTH?

WHAT CAN I DO  
TO HELP YOU?

Next week we will also be celebrating **Safer Internet Day** on Tuesday 6<sup>th</sup> February.

This year's theme: 'Inspiring Change!'





### PE in school :

It was lovely to welcome Nursery parents into school on Tuesday for our 'Welcome Workout,' and Class 10 parents into school on Thursday for our parents PE session.

The children loved taking part in the activities with their families and showing off their great determination and resilience!

We look forward to welcoming Class 1BW parents into school at **9.15am on Wednesday 7<sup>th</sup> February.**

### School Dinners:

Our new menus are ready and will begin after half term. Please click on the link below to view them.

<https://www.cheadle-inf.stockport.sch.uk/parents/school-dinner-menus/>

### Uniform groups

We have been made aware that 'Thinking Day' (Thursday 22nd February) is an important day for the Girl Guiding organisation and have received a request for children to wear their uniform to school that day. We are happy to support the girl guides (and other uniform groups who wish to mark the day) in this.

### Poverty Proofing

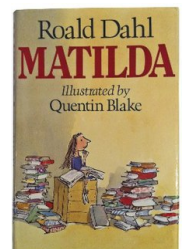
Thank you to all of you for taking part in our 'Poverty Proofing' project and for filling in the survey.

The leaders of the project were delighted with our respectful and kind children who were able to speak openly about their lived experience at Cheadle Catholic.

We look forward to receiving our report and using it to make changes for the better!

### WORLD BOOK DAY:

**Thursday 7<sup>th</sup> March** will be World Book Day. On this day, we ask children to come to school dressed up as their favourite character from a book. We would also love it if the children could bring that book to school with them if they have it, so that they can show it to their friends and teachers. We also know that not everyone enjoys dressing up so if they would prefer they are very welcome to come to school in their pyjamas instead, with their favourite bedtime story.



**Nursery 1 children may come dressed as their favourite character on Wednesday 6<sup>th</sup> March.**

We look forward to seeing a school full of princesses, pirates, animals and more.

As we all love reading, we always like to make the festivities last as long as possible and so we will be celebrating books and reading during the whole week beginning Monday 4<sup>th</sup> March.



### School Library

We are really lucky to have a lending library and all the children love the experience of coming to the library and choosing their own books. It is a really important part of our school's Reading for Pleasure offer and also a vital part in teaching your children to love reading. We understand that accidents happen and sometimes books are

misplaced and we will always clear a child's lending record if a book is lost or damaged so that they can continue borrowing. Please can you take a look at home for any library books to may have that belong to school. Please return them to school as soon as possible.

Thankyou.

### **Class of the Half term:**



This week the class tokens were counted and we are delighted to announce that this half term's winners are Class 1O!!! Well done to all of the children who have earned tokens for excellent behaviour, good manners, hard work and for shining brightly.

We are very proud of you all. Class 1O will rewarded with a non uniform day on Friday 6<sup>th</sup> February.

### **Curriculum News:**

**Please click the link below to view next week's learning**

<https://www.cheadle-inf.stockport.sch.uk/children/class-pages/>

### **Important guidance from the Local Authority re earrings :**

**Earrings:** *Pupils unable to remove earrings for the first 6 weeks of a new piercing, should be required to make them safe by taping, front and back, which may offer a measure of protection, but must be able to remove them after the 6 weeks has lapsed. The taping should be sufficient to prevent the stud post penetrating the bone behind the ear should an unintentional blow be received (e.g. from someone or from equipment such as a ball).*

**NB. Taping is not suitable in any activity where contact (with either another person or equipment) is highly likely to, or will, occur e.g. all invasion games, dodgeball etc.**

*This taping may be done at home for younger children. Staff are not required to remove or tape earrings for pupils. Parents should be telephoned if a child comes into school without tape over their earrings. Where staff consider the taping to be unsatisfactory to permit safe participation, they will need to consider alternative involvement in the lesson for the pupil.*

*The use of retainers (flat studs that retain the piercing when earrings or studs are removed) is becoming more common as a form of acceptable substitution where total removal is not possible. Provided these are flat and cannot cause damage if a blow or ball hits the side of the head, the level of risk is clearly reduced. Again, these are not suitable in any activity where contact (with either another person or equipment) is highly likely to, or will occur and should only be used for the initial 6 week period following the piercing.*

We would, therefore, like to remind you that earrings are not permitted to be worn in school. If your child has had their ears pierced they must wear tape over their ears for the first six weeks. During this time they will not be permitted to take part in dodge ball lessons. After 6 six weeks the earrings should be removed for school. Retainer earrings should not be worn in school.

Thankyou

### **Parish News:**

#### **Christchurch Heald Green:**

Fr Tony would like to welcome children of Cheadle Catholic schools to a children's mass at Christ Church on **Saturday 24th February at 6pm.**

It would be lovely to see as many children as possible at the mass.

Our wonderful choir will also be singing at mass.

#### **ST Vincent's, Bramhall**

At 9.30 Mass on Sunday 11th February, the children will receive their Family Lent Challenge. They will be asked to carry out a positive task each day. Come along and collect yours

**St Ann's Cheadle Hulme:**

Children's liturgy will take place at 11am Mass (4<sup>th</sup> February). This week it will be led by Mrs Glynn

**REMINDERS:**

Applications for nursery places for September 2024 are still being accepted online. Closing date is **31<sup>st</sup> March 2024.**

[www.stockport.gov.uk/schooladmissions](http://www.stockport.gov.uk/schooladmissions)

If you have any queries please email the admissions team at [admissions.support@stockport.gov.uk](mailto:admissions.support@stockport.gov.uk)

Week beginning 5.2.24 will be week 2, the link to the menu is below:

<https://www.cheadle-inf.stockport.sch.uk/parents/school-dinner-menus/>

**And finally:**

Please continue to keep our Cheadle Catholic family in your prayers,

Mrs Glynn.

[headteacher@cheadle-inf.stockport.sch.uk](mailto:headteacher@cheadle-inf.stockport.sch.uk)

[Tel: 0161 4858733](tel:01614858733)

Congratulations to all of our new stars of the week!

Nursery: Ivy D & Beck  
R1: Ffion & Mohid  
R2: Florence & John  
RN3: Grace O & Lucy  
1O: Georgie & Musa  
1DW: Austin & Isabelle  
1BW: Fionn & Jessica  
2L: Natalia & Matthew  
2N: Ella & Connor  
2W: Audrey & Isla



## Diary Dates...

### Provisional Diary Dates

**Our full provisional diary can be viewed on our website**

<https://www.cheadle-inf.stockport.sch.uk/news-and-events/calendar/>

<b>Tuesday 6<sup>th</sup> February: 9.15-9.45am</b>	Nursery Parents Phonics Workshop
<b>Wednesday 7<sup>th</sup> February</b>	Class 1BW Parent PE session
<b>Friday 9<sup>th</sup> February</b>	Lunar New Year Day
<b>Friday 9<sup>th</sup> February</b>	School Closes for Half term
<b>Monday 19<sup>th</sup> February</b>	INSET DAY
<b>Tuesday 20<sup>th</sup> February</b>	School opens for Spring Term 2
<b>Wednesday 21<sup>st</sup> February: 9.15-9.45am</b>	Class 1DW Parent PE session
<b>Friday 23<sup>rd</sup> February 9.15-9.45am</b>	Class 2L Parent PE session
<b>Tuesday 27<sup>th</sup> February: 8.50-9am</b>	Reception Welcome Workout
<b>Friday 1<sup>st</sup> March: 9.15-9.45am</b>	Class 2N Parent PE session
<b>Monday 4<sup>th</sup> March</b>	World Book day costume swap
<b>Thursday 7<sup>th</sup> March</b>	World Book Day. Come to school dressed as your favourite book character or in your pyjamas.
<b>Friday 8<sup>th</sup> March</b>	Class 2W Parent Pe session (more details to follow)
<b>Friday 8<sup>th</sup> March: 2pm</b>	Class 2L First Forgiveness
<b>Friday 15<sup>th</sup> March: 2pm</b>	Class 2N First Forgiveness
<b>Monday 18<sup>th</sup> March</b>	Used uniform sale
<b>Tuesday 19<sup>th</sup> March: 4pm-6.30pm</b>	Parent Consultation Evening
<b>Thursday 21<sup>st</sup> March: 4pm-6.30pm</b>	Parent Consultation Evening
<b>Friday 22<sup>nd</sup> March: 2pm</b>	Class 2W First Forgiveness
<b>Tuesday 26<sup>th</sup> March: 9.30am</b>	Class 1DW Easter Assembly
<b>Wednesday 27<sup>th</sup> March: 9.30am</b>	Class 1BW Easter Assembly
<b>Thursday 28<sup>th</sup> March: 9.30am</b>	Class 1O Easter Assembly
<b>Thursday 28<sup>th</sup> March</b>	Easter Bonnet Parade
<b>Thursday 28<sup>th</sup> March</b>	School closes for Easter holidays
<b>Monday 15<sup>th</sup> April</b>	School opens for Summer Term
<b>Friday 3<sup>rd</sup> May: 8.45-9.15am</b>	Thumbs Up morning
<b>Wednesday 8<sup>th</sup> May: 9.30am</b>	Reception Sport's Morning (Weather permitting)
<b>Friday 10<sup>th</sup> May: 9.30am</b>	Nursery 2 Sport's Morning (Weather permitting)
<b>Monday 20<sup>th</sup> May: 9.30am</b>	Nursery 1 Sport's Morning (Weather permitting)
<b>Friday 24<sup>th</sup> May</b>	School closes for half term.
<b>Monday 10<sup>th</sup> June</b>	School opens for Summer Term 2
<b>Wednesday 19<sup>th</sup> June</b>	Class photographs

<b>Wednesday 26<sup>th</sup> June: 9.30am</b>	Year 1 Sport's Morning (Weather permitting)
<b>Wednesday 3<sup>rd</sup> July</b>	Year 2 Sport's Morning (Weather permitting)
<b>Tuesday 9<sup>th</sup> July: 8.45-9.15am</b>	Thumbs Up Morning
<b>Monday 15<sup>th</sup> July: 9.30am</b>	Nursery 1 Assembly
<b>Tuesday 16<sup>th</sup> July: 9.15am</b>	Class 2L Leaver's Assembly
<b>Wednesday 17<sup>th</sup> July: 9.15am</b>	Class 2W Leaver's Assembly
<b>Thursday 18<sup>th</sup> July: 9.15am</b>	Class 2N leaver's Assembly
<b>Friday 19<sup>th</sup> July: 9.15am</b>	Nursery 2 Assembly
<b>Wednesday 24<sup>th</sup> July: 3.30-4.30pm</b>	Year 2 Leaver's Disco

