



Cheadle Catholic Infant School

PSHE Overview 2023 - 2024

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Circle time Feelings - how can we manage them	Taking Turns/Sharing Making new friends Initiating play with others	Sharing Adapting to changes in routine	Looking after others How to be good friend	Knowing what we are good at and being able to talk about it	Finding a compromise Building up role play situations Transition to Reception
Reception	<u>Relationships /New Friendships</u> Class routines Turn taking/sharing Checking in and feelings Caring for our world.	<u>Feelings</u> Feelings of ourselves and others Challenge cards Looking at the needs of others Developing good relationships	<u>Being Kind</u> Asking others for help. Confidence to talk to their peers. Caring for others Talk about experiences	<u>Myself and others</u> Solving problems/conflict Dealing with anger Finding a compromise	<u>Change</u> <u>Asking questions</u> Adapting different behaviours for different routines.	<u>Moving on</u> Interest in others and their opinions. Able to listen to others. How their actions may affect others Transition to Year 1.
Year 1	<u>Relationships</u> Class /school rules Who am I? Keeping safe in school Being a good friend Identifying feelings/emotions Internet Safety	<u>Health and Well-being</u> Keeping clean Dental health Mental well being Growing and changing Families and care Differences and Similarities Internet Safety	<u>Relationships</u> Gifts and talents Understanding jealousy What is bullying Secrets and surprises Internet Safety	<u>Living in the wider world</u> Values of coins and notes Needs and wants Looking after money Understanding change How we get money Internet Safety	<u>Health and well-being</u> Staying healthy Medicines Who gives medicine? Going to hospital Internet Safety	<u>Living in the wider world</u> Co-operation in a group Living together Outdoor safety and caring for the environment Sun safety Transition to Year 2 Internet Safety
Year 2	<u>Relationships</u> School and class rules Emotional and mental wellbeing. Feelings and emotions Listening to others views and opinions Qualities of a good friend. Internet Safety	<u>Health and Well-being.</u> Mental and physical well-being Physical health and fitness. Basic first aid Contribution to class and school life Internet Safety	<u>Living in the wider world</u> Internet safety and harms. Bullying - what is it and how to deal with it. Money -why we need it and when we use it. How a lack of money can impact life, Internet Safety	<u>Relationships</u> Emotions - what they are and when we experience them. Dealing with negative emotions Our similarities and differences. What makes us unique? Internet Safety	<u>Health and well-being</u> Keeping physically and emotionally safe. Medicine - when and why we take it. Dangers of medicine. Goals and how to achieve them Internet Safety	<u>Living in the wider world.</u> Online relationships Outdoor safety and caring for the environment Growing and changes in our bodies. Transition to Year 3 Internet Safety



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