



## Cheadle Catholic Infant School

## PE Overview 2022/2023

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Nursery</b>	Yoga and movement expressing feelings.	Travelling in different ways.	Dance to different nursery rhymes.	Balancing in different ways.	Throwing and catching.	Travelling using equipment.
<b>Reception</b>	Yoga/spatial awareness.	Travelling in different ways.	Throwing and catching.	Dodgeball.	Tag rugby.	Travelling using apparatus.
<b>Year 1</b>	Traveling in different ways using obstacle courses.  Dance 'At the Seaside'  Gym Floor work (CPD)	Throwing and catching games.  Dance 'CATS'  Gym using low apparatus (CPD)	Dodgeball.  Gymnastics using 'Giants Tale'.  Dance (CPD) 'Penguin Small'	Tag Rugby  Dance 'Pirates' (CPD)	Creating throwing and catching games.  OAA (CPD)	Sports Days.  Athletics/BIG LEAP (CPD)
<b>Year 2</b>	Hand ball.  Leadership Training Making up Games/Level 1 Festival (CPD)	Creating throwing and catching games with a points system.  Leadership Training Making up Games/Level 1 Festival (CPD)	Dodgeball  Gym Floor work (CPD)	Tag Rugby  Gym using apparatus (CPD)	Dance 'Great Fire of London' (CPD)  Cross Country Competitions.	Sports Days.  OAA (CPD)  Athletics/BIG LEAP (CPD)